



ADULT GI PROGRAM*

Support for Detoxification & Immune Function*

- Start with ONE (1) drop of Biocidin® Liquid a day for the first three days. Then, add in the Biocidin® Throat Spray and Capsules following the guidelines below.
- If you experience a Herxheimer/cleansing reaction,[†] pause until symptoms disappear. Then, reintroduce the Biocidin® at the previous dose that did not produce symptoms.
- Listen to your body. It is not a race, but a journey to wellness.
- These recommendations are based on an individual weighing 125 to 175 lbs.
- The Biocidin® products should not be used by women who are pregnant or breastfeeding.



G.I. Detox™ Capsules

ADULTS: Take ONE (1) capsule per 50 lbs of body weight.

Take on an empty stomach 1-2 hours away from food, Biocidin®, other supplements, and/or medications.

BEGINNING DOSAGE: ONE (1) capsule once a day per 50 lbs of body weight.

MAXIMUM DOSAGE: Can double the dose if experiencing a Herxheimer/cleansing reaction[†] from the Biocidin®.

This supplement is an essential part of the protocol to “mop up” and speed the removal of toxins.* It should be used daily when using Biocidin® to avoid discomfort.*



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Biocidin® Liquid

ADULTS: Start with the beginning dosage. If needed and well tolerated, gradually work up to the maximum dosage and maintain until retesting indicates therapeutic success.

Take on an empty stomach ½ hour before a meal.

BEGINNING DOSAGE: ONE (1) drop in a small amount of water once a day.

Gargle and swallow.

If no Herxheimer/cleansing reactions[†] occur during the first three days, increase to ONE (1) drop twice a day. After three days, increase to ONE (1) drop in the morning and TWO (2) drops in the evening. Gargle and swallow. Increase by one drop after another three days to reach the maximum dosage.

MAXIMUM DOSAGE: TWO (2) drops in the morning and TWO (2) drops in the evening.



Biocidin® Throat Spray

ADULTS: Start with the beginning dosage. If needed and well tolerated, gradually work up to the maximum dosage and maintain until retesting indicates therapeutic success.

Take on an empty stomach ½ hour before a meal.

BEGINNING DOSAGE: ONE (1) spray once a day in the back of the throat.

If no Herxheimer/cleansing reactions[†] occur during the first three days, increase by one spray each day until you reach the maximum dosage.

MAXIMUM DOSAGE: FOUR (4) SPRAYS TWICE A DAY.



Biocidin® Capsules

ADULTS: Start with the beginning dosage. If needed and well tolerated, gradually work up to the maximum dosage and maintain until retesting indicates therapeutic success.

Take on an empty stomach ½ hour before a meal.

BEGINNING DOSAGE: ONE (1) capsule once a day.

If no Herxheimer/cleansing reactions[†] occur during the first three days, increase by ONE (1) capsule every four days until you reach the maximum dosage. General recommendations are ONE (1) capsule per 50 lbs of body weight.

MAXIMUM DOSAGE: TWO (2) CAPSULES TWICE A DAY.



[†]When toxins are released during cleansing and symptoms occur, it is called a “Herxheimer reaction” (herx). Symptoms can be different for each person and may include sore muscles and joints, fatigue, headaches, flu-like symptoms, changes in bowel habits, rashes, or other changes.

A herx is a result of detoxifying faster than your body’s detoxification pathways can handle. It’s a good sign that your cleansing is working. Just reduce the dosage and increase more slowly. Clinical evidence suggests that IF you are going to have a Herxheimer reaction (and it is rare), it will occur within three days. So, just increase the dosage every four days by ONE (1) until you reach the recommended dosage. Drink plenty of water and allow for extra rest when any signs of a herx occur.

Remember, a sudden or severe reaction, such as an allergic reaction, is not a herx. Should a strong reaction occur, discontinue the use of any medication or supplement and contact your healthcare professional.

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